You Better Sit Down

Cease not to give thanks for you, making mention of you in my prayers;

 Gods Chief Apostle was "thankful" for the people of faith and made specific mention of them in the prayers that he prayed continually or repeatedly.

¹⁷ That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him:

- The spirit of wisdom, special insight and strategies on how to perform the will of God in the circumstances and conditions that your facing.
- Revelation: clear understanding on the nature and methods and finished work of Jesus Christ.

¹⁸ The eyes of your understanding being enlightened; that ye may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints,

- The eyes or vision of the born again you is so vivid that you can embrace the kingdom principles of the pursuit of life and not be deterred by your natural man's understanding.
- The hope or future in Christ far exceeds what the world has to offer
- You have an inheritance that glorifies God and causes your light and purpose to be profound.

¹⁹ And what is the exceeding greatness of his power to us-ward who believe, according to the working of his mighty power,

- Exceeding means there is always another place to go in God, if you are bored where you are at then move up don't draw back.
- Its according to or in relation to His power.

²⁰ Which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places,

Example when He raised Christ from the dead!
 Have you raised the dead?

 The power to position (Talk about Joseph) From the dungeon of death(hades) to be seated on the right-hand side of God the father.

²¹ Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come:

Principalities (the prince of darkness domain)
dominion governments of this present world,
every name- whatever the name in this world the
name of Jesus is greater and has authority over
it.

²² And hath put all things under his feet, and gave him to be the head over all things to the church,

- All things are under his authority and will be judged in due time.
- God gave him to be the head of the church

²³ Which is his body, the fulness of him that filleth all in all

- Which is his body: Think and meditate that you are his body. (head) Christ is your head.
- Your mind or previous understanding and lifestyle wars against your head. When you were born again you actually got your head back – explain later

2 And you hath he quickened, who were dead in trespasses and sins;

- You were dead, the real you, there was an imposter who was telling you that they were the real you!
- When Adam sinned, it killed you and you died, and the flesh reigned.
- You were dead... repeat you were dead (wait if I am dead that means I was at one time alive) when did I die, when Adam sinned cause I was all ready alive in the mind of God.
- So now I am dead therefore I must be, I must be, I must be what?

2 Wherein in time past ye walked according to the course of this world, according to the prince of the power of the air, the spirit that now worketh in the children of disobedience:

- The person you yielded to become the course you took! "The Prince and Power of The Air" It's a spirit that works in the children of disobedience.
- The same spirit that beguiled eve and Adam and they yielded and when they yielded you yielded and when they died so did you.
- 3 Among whom also we all had our conversation in times past in the lusts of our flesh, fulfilling the desires of the flesh and of the mind; and were by nature the children of wrath, even as others.
 - We all had the problem fulfilling the" desires of the flesh and the mind" We were lost in the garden and we are lost in the world because we all came out of the garden therefore, we are all lost.

4 But God, who is rich in mercy, for his great love wherewith he loved us,

BUT GOD

5 Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;)

- We Were Dead, came by and he quickened us, "He came by"
- You did not choose me; I chose you and I came by
- What made you come by? GRACE

6 And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:

- And hath raised us up together! When he rose
 Jesus from the grave, he rose you from the
 grave, "whom he did foreknow he also
 predestined before the foundation of the world"
- He made me sit together with him in heavenly places. If I am seated with him where am I sitting?

7 ⁷ That in the ages to come he might shew the exceeding riches of his grace in his kindness toward us through Christ Jesus.

I know the thoughts that I think toward you! You have a lifetime of realizing you don't deserve the goodness he reveals to you. The kindness he reveals to you. ENCEEDINGLY – ABUNDANTLY – ABOVE ALL YOU WOULD ASK OR THINK